



KAIRALY NEUROSCIENCES SOCIETY

Presents

KAYALORAM

BRAINWAVES BY THE BACKWATERS 2026

THE ANNUAL CONFERENCE OF KAIRALY NEUROSCIENCES SOCIETY
(NEUROLOGICAL SOCIETY OF INDIA KERALA CHAPTER)

In association with



&

SMRITHI

(A Charitable Trust of Kottayam
Neurosurgery Alumni)

Feb 27 – Mar 1, 2026
BACKWATER RIPPLES, KUMARAKOM

www.kayaloram2026.com

It is our great pleasure to welcome you and your family to KAYALORAM 2026 – “Brainwaves by the Backwaters” from February 27 to March 1, 2026, in the enchanting setting of Kumarakom, Kerala - a destination renowned for its tranquil backwaters, lush landscapes and rich cultural heritage.

The choice of Kumarakom, along the shores of Vembanad Lake, as our venue reflects our belief that inspiring surroundings enhance thoughtful dialogue and creative exchange. The gentle rhythms of the backwaters, the greenery and the warmth of local hospitality together encourage professional interaction as well as moments of personal renewal.

Complementing this exceptional location is a carefully designed program of high-quality academics and interactive sessions. Each session has been curated to offer depth, relevance, and practical insight, fostering stimulating discussions and exchange of knowledge.

Looking forward to hosting you to an enriching conference experience that blends intellectual rigor with the natural elegance of Kumarakom.



DR IPE V GEORGE
Organising Chairman



DR TINU RAVI ABRAHAM
Organising Secretary



DR JOSEPH SEBASTIAN
Joint Secretary



DR ABDUL RAHIM SHAAN
Treasurer



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KNS Officials

Dr James Jose
President

Dr Arun Oommen
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Academic Committee- Neurology

Chairman : **Dr Mathew Jose**

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Dr Beena Vijayan Dr Vysakha K V Dr Deepak Devarajan
Dr Rohit Ramkumar Dr Sreejith Ravi Dr Jemini George Dr Sajeesh S R

Academic Committee- Neurosurgery

Chairman : **Dr Jijo Joseph Joseph**

Members :

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Dr Sajan MG Dr Chithra Thomas Dr R Rajeev

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Dr Arun George Dr Lijo James Dr Josy J Vallippalam
Dr Biju K Alexander Dr Guruprasad

Program Committee- Neurosurgery

Dr Khalil Isaac Mathai Dr Vijayakumar Menon Dr Tom Jose
Dr Harris TP Dr Amritha Subramanian Dr Sreehari
Dr Archith PK Dr Sharon Das Dr Vaisakh S Dr George Antony

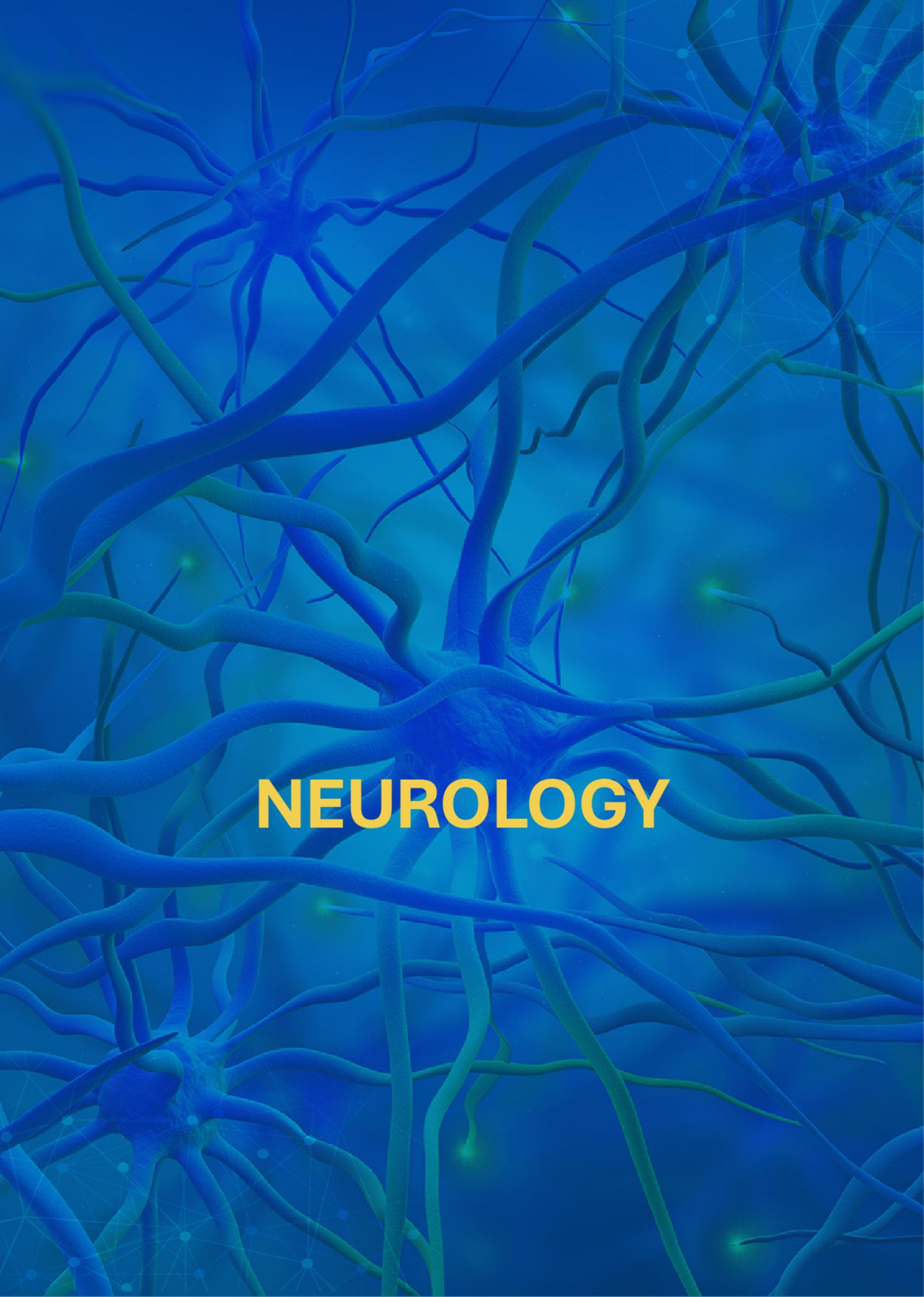
Finance Committee

Dr Joseph Sebastian Dr Abdul Rahim Shaan Dr Tinu Ravi Abraham

Registration and Travel

Dr Tom Jose Dr Chithra Thomas Dr Nandu Unnikrishnan
Dr Abdul Basith Dr Mark Mathew Mohan





NEUROLOGY

PRECONFERENCE WORKSHOPS

FEB 27, 2026

VENUE : CARITAS HOSPITAL & INSTITUTE OF HEALTH SCIENCES,
THELLAKOM, KOTTAYAM

- Total slots – 50 for each worksoop
- Participation on first come, first serve basis
- Registration for workshop is mandatory

WORKSHOP-1

0900 – 1300

ELECTROPHYSIOLOGY : MOVING BEYOND BASICS AND TROUBLESHOOTING

Topic	Faculty
NCS	Dr Jemini George Consultant Neurologist, Mar Sleeva Medicity, Pala
EMG	Dr Gopikrishnan U Assistant Professor of Neurology, Amrita Institute of Medical Sciences, Kochi
RNS	Dr Vineetha V S Associate Professor of Neurology, Government Medical College, Trivandrum
SFEMG	Dr Sruthi S Nair Additional Professor of Neurology, SCTIMST, Trivandrum
PANEL DISCUSSION	All Faculty
1300 – 1400	INAUGURATION OF WORKSHOP FOLLOWED BY LUNCH



DR.SRUTHI S NAIR



DR VINEETHA V S



DR GOPIKRISHNAN U



DR. JEMINI GEORGE



WORKSHOP-2

1400 – 1600

APPLICATIONS OF BOTULINUM TOXIN : A SKILL- BASED WORKSHOP

Topic	Faculty
Introduction to Botulinum toxin – practical aspects	Dr Ajith Cherian Professor of Neurology, SCTIMST, Trivandrum
BoNT in HFS	Dr Parameswaran K Head of Neurology, Indo American Hospital, Vaikom
BoNT in Blepharospasm and Jaw Dystonia	Dr Asish Vijayaraghavan Assistant Professor of Neurology, SCTIMST, Trivandrum
BoNT in Cervical Dystonia	Dr Udit Saraf Assistant Professor of Neurology, Amrita Institute of Medical Sciences, Kochi
BoNT in Headache and Spasticity	Dr Divya K P Additional Professor of Neurology, SCTIMST, Trivandrum



DR AJITH CHERIAN



DR PARAMESWARAN K



DR DIVYA K P



DR ASISH VIJAYARAGHAVAN



DR UDIT SARAF



1830 – 1930	QUIZ PRELIMS (HALL A, BACKWATER RIPPLES, KUMARAKOM) QUIZ MASTERS – DR Sajeesh S R, Dr Chithra Thomas 25 MCQs each for Neurology and Neurosurgery Residents The top 5 Neurology residents will pair with the top 5 Neurosurgery residents, randomly by lots to make 5 teams for the final round
1930 - 2200	WELCOME DINNER WITH LIVE VIOLIN MUSIC

After the Workshop, transportation will be available from Caritas Hospital to Backwater Ripples, Kumarakom

DAY – I : SATURDAY, FEB 28

SCIENTIFIC SCHEDULE- NEUROLOGY

VENUE : HALL A (DR SANJEEV V THOMAS HALL), BACKWATER RIPPLES, KUMARAKOM, KOTTAYAM

0900 – 1100: CLINICAL ASPECTS

Time	Topic	Speakers	Chair
0900 – 0920	Decoding frontal lobe epilepsy: A semiology driven treasure hunt	Dr Sachin Suresh Babu Meitra Hospital, Calicut	Dr Sanjeev V K Muthoot Hospital, Kozhenchery
0920 – 0940	Nystagmus simplified	Dr Jacob George GMC, Calicut	Dr K Parameswaran Indo American Hospital, Vaikom
0940 – 1000	Strategy for refractory status epilepticus- choosing anti-seizure and anesthetic infusion	Dr Siby Gopinath AIMS, Kochi	Dr Fiju Chacko Jubilee Mission Hospital, Thrissur

1005 – 1105: MANAGEMENT

1005 - 1025	Encephalitis - Amoebic puzzle	Dr Aravind R Dept. of Infectious Diseases, GMC, Trivandrum	Dr P C Gilvaz Jubilee Mission Medical College, Thrissur
1025 – 1045	Recent advances in immunotherapy thinking beyond Rituximab	Dr Sudheeran Kannoth AIMS, Kochi	Dr Jacob Chacko Aster Medcity, Kochi
1045 - 1105	Dreams and brain	Dr VT Haridas Atreya Hospital, Thrissur	Dr Byju P CM Hospital, Pandalam

1105 – 1115 : TEA

1115 – 1225: WHATS NEW!

1115 - 1135	Antiepileptic -What has changed in the last decade.	Dr Neetha Balram GMC, Calicut	Dr Suresh Kumar Renai Medicity, Kochi
1135 – 1155	Management of MS and demyelinating disorders in pregnancy	Dr Shaji C V GMC, Alappuzha	Dr Mathew Jose Bharat Hospital, Kottayam
1205 – 1225	Migraine- Newer treatments	Dr. Reji Thomas Pushpagiri Medical College Hospital, Thiruvalla	

1230 – 1315: ADVANCEMENTS

1230 - 1255	Beyond antiplatelets and statin- update on secondary prevention	Dr Vivek Nambiar AIMS, Kochi	Dr Murali Krishna Menon Lakeshore Hospital, Kochi
1255 - 1315	DBS Demystified: From Bedrock to Breakthroughs	Dr Vysakha K V Caritas Hospital, Kottayam	Dr Reghunath B West Fort Hospital, Thrissur

1315 – 1445 : LUNCH

COMMON SESSIONS

1500 – 1600: GENERAL BODY

1600-1700 : PLENARY SESSION ON MOVEMENT DISORDERS

1600 – 1630	Apraxia decoded	Dr Syam K Professor of Neurology, SCTIMST, Trivandrum	Dr PradeepKumar V G BMH, Calicut
1630 – 1700	Steering the Cure : Optimising Dystonia Outcomes with Deep Brain Stimulation	Dr Krishna Kumar K Professor of Neurosurgery, SCTIMST, Trivandrum	Dr Gigy Kuruttukulam Rajagiri Hospital, Aluva

1700- 1800 : INAUGURATION

1800 - 1900 : QUIZ FINALS

1930 -2200 : GALA DINNER AND MUSICAL NIGHT

DAY II: SUNDAY MAR 1

SCIENTIFIC SCHEDULE -NEUROLOGY

VENUE : HALL A (DR SANJEEV V THOMAS HALL), BACKWATER RIPPLES, KUMARAKOM, KOTTAYAM

Time	Topic	Speakers	Chair
0900 – 0920	Movement disorder emergencies	Dr Sreeram Prasad A V Rajagiri Hospital, Kochi	Dr Mathew Abraham Aster Medicity, Kochi
0920 – 0940	Myasthenia mimics	Dr Madhusudhanan M PRS Hospital, Trivandrum	Dr Nirmal Raj Dhanalakshmi Hospital, Kannur
0940 - 1000	Nodopathy and Paranodopathies	Dr Bobby Varkey Lourdes Hospital, Kochi	Dr Sujith A N MOSC, Kolenchery

1000 – 1030 : TEA

COMMON SESSIONS

1045 – 1130	ORATION I PRESIDENTIAL ORATION	Dr James Jose, President KNS, Director, Rivira Institute of Neurology, Former Professor and HOD, Department of Neurology, Government Medical College, Calicut
1130 – 1215	ORATION II DR. SAMBASIVAN MEMORIAL ORATION	Dr. Sankar V H MD,DCH,MNAMS, FIAP, DM (Medical Genetics) Professor, Department of Medical Genetics, SATH, Government Medical College, Trivandrum
1215 – 1300	COMMON HOUR	
1300	VALEDICTORY FUNCTION AND PRIZE DISTRIBUTION, FOLLOWED BY LUNCH	



NEUROSURGERY

PRECONFERENCE WORKSHOPS

FEB 27, 2026

VENUE : HALL A (DR SANJEEV V THOMAS HALL), BACKWATER RIPPLES, KUMARAKOM, KOTTAYAM

WORKSHOP - I

0800 – 1300

LIVE NEUROSURGERY WORKSHOP ON INTERLAMINAR APPROACH

Time	Topic	Faculty
0800 – 0900	INTRODUCTION TO INTERLAMINAR APPROACH	Dr. Ajith R Sr. Consultant Neurosurgeon, KIMSHealth, Trivandrum Dr Tinu Ravi Abraham Professor of Neurosurgery, Government Medical College, Kottayam
0900 – 1300	LIVE OPERATIVE SESSION (LIVE STREAMING TO VENUE FROM GOVERNMENT MEDICAL COLLEGE, KOTTAYAM)	Dr Navas N S Sr. Consultant Neurosurgeon, KIMSHealth, Trivandrum Dr Abu Madan Sr Consultant Neurosurgeon, KIMSHealth, Trivandrum Dr Philip Issac Associate Professor of Neurosurgery, Medical College, Kottayam



DR AJITH R



DR TINU RAVI ABRAHAM



DR NAVAS NS



DR ABU MADAN



DR PHILIP ISSAC



1300 – 1400 : LUNCH

WORKSHOP - II

1400 – 1600

ENDOVASCULAR SIMULATION WORKSHOP

VENUE : HALL A (DR SANJEEV V THOMAS HALL), BACKWATER RIPPLES, KUMARAKOM, KOTTAYAM



DR SREEHARI N R



DR IPE V GEORGE



DR SAREESH KUMAR M K



DR ABDUL RAHIM SHAAN

Faculty

Dr Sreehari N R

Additional Professor of Neurosurgery
Amrita Institute of Medical Sciences, Kochi

Dr Ipe V George

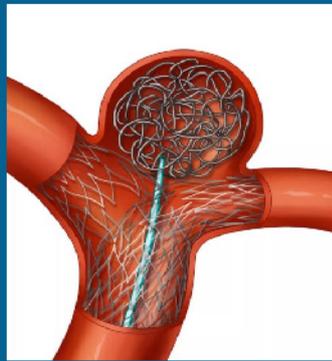
Senior Consultant and HOD, Neurosurgery
Caritas Hospital and Institute of Health Sciences, Kottayam

Dr Sareesh Kumar M K

Senior Consultant and HOD Neurosurgery
Mar Sleevea Medicity, Pala

Dr Abdul Rahim Shaan

Consultant, Neurosurgeon
Caritas Hospital and Institute of Health Sciences, Kottayam



Intake: 30 delegates only in the Neurosurgery workshop II

1600 - 1615	TEA
1830 – 1930	QUIZ PRELIMS QUIZ MASTERS – DR Sajeesh S R, Dr Chithra Thomas 25 MCQs each for Neurology and Neurosurgery Residents The top 5 Neurology residents will pair with the top 5 Neurosurgery residents, randomly by lots to make 5 teams for the final round
1930 - 2200	WELCOME DINNER WITH LIVE VIOLIN MUSIC

DAY – I : SATURDAY, FEB 28

SCIENTIFIC SCHEDULE

VENUE : HALL B (WILDER PENFIELD HALL), BACKWATER RIPPLES, KUMARAKOM, KOTTAYAM

0700 – 0800 FREE PAPER PRESENTATION

0815- 0930: SESSION B1 INVITED TALKS

Time	Topic	Speakers
0815 – 0825	Surgery on eloquent cortex	Dr. Biji Bahuleyan, Caritas, Kottayam
0825 – 0835	Evidence on cervical disc arthroplasty	Dr. Abhishek V, GMC, Trivandrum
0835 – 0845	TEES : Experiences and technical essentials	Dr. Rajeep M P, Meitra Hospital, Calicut
0845 – 0855	Paediatric craniofacial surgery - State of art	Dr. Suhas Udayakumaran, AIMS, Kochi
0855 – 0905	Operative techniques in scoliosis	Dr. Sanu Vijayan, Lissie Hospital, Ernakulam

0905 – 0930 : Discussions

0930 - 1045: SESSION B2 INVITED TALKS

Time	Topic	Speakers
0930 – 0940	Surgery for vestibular schwannoma	Dr. Jyothish L S, GMC, Trivandrum.
0940 – 0950	AI in Neurosurgery	Dr. Dhandapani Sivashanmugam PGI, Chandigarh
0950– 1000	Complication avoidance in redo spine surgeries	Dr. Arun T Jacob, Northeast Georgia Medical Centre, USA
1000 – 1010	Dorsal column neuromodulation for paraplegia	Dr. Ravi Gopal Verma, Aster CMI, Bangalore
1010 – 1020	Chiari malformations : Current concepts	Dr. Sudish Karunakaran, VPS Lakeshore, Kochi

1020 – 1045 : Discussions

1045 – 1055 : TEA

**1055 – 1200 SESSION B3
INVITED TALKS**

Time	Topic	Speakers
1055– 1105	Minimally invasive approaches to intracranial lesions	Dr. Biju Bhadran, GMC, Trivandrum
1105– 1115	Advances in computational simulations of brain aneurysms	Dr. Jayanand Sudhir Yashoda Hopsital, Hyderabad
1115– 1125	Management of tight brain during aneurysm surgery	Dr. Raja K Kutty, GMC, Trivandrum
1125 - 1135	Combined EEA and ETOA to pituitary tumours	Dr. Ajith R, KIMSHealth, Trivandrum

1135 – 1200 : Discussions

**1200 – 1315 SESSION B4
INVITED TALKS**

Time	Topic	Speakers
1200 – 1210	Endovascular management of distally located aneurysms	Dr. Sreehari, AIMS, Kochi
1210– 1220	Precision with minimal access in anterior circulation aneurysms	Dr. Prasanth Asher, GMC, Trivandrum
1220– 1230	Complete brachial plexus injury – What is the outcome? Neurosurgeon’s perspective	Dr. Ketan Desai P D Hinduja Hospital & MRC, Mumbai
1230 – 1240	Short segment fixation with intermediate screws for thoracolumbar burst fractures - prospective study	Dr. Raju Paul Manjooran Pushpagiri Medical College, Tiruvalla
1240 – 1250	Paediatric C1- C2 fixation: My experience	Dr. Sunil Kumar B S, GMC, Trivandrum

1250 - 1315: Discussions

VENUE: HALL C, BACKWATER RIPPLES, KUMARAKOM, KOTTAYAM

0700 – 0800 AWARD PAPER SESSION

**0815 – 0915 SESSION C1
INVITED TALKS**

Time	Topic	Speakers
0815 – 0825	Shunt outcomes in NPH	Dr. Ravya R S, Ananthapuri Hospital, Trivandrum
0825 – 0835	PELD	Dr. Razvi Razi, Aster MIMS, Kottakkal
0835 – 0845	Hybrid neurosurgery	Dr. Mohamed Amjad Jamaluddin KIMS Valyath Hospital, Karunagappally
0845 – 0855	IIH presenting as CSF rhinorrhoea –management protocol	Dr. Jeena Joseph, CMC, Vellore

0855 - 0915: Discussions

**0915 – 1015 SESSION C1
INVITED TALKS**

Time	Topic	Speakers
0915- 0925	Developing high end neurosurgery in periphery – my experience.	Dr. Sajith Babu S M Vijayas Hospital, Kottarakkara
0925 – 0935	Neurological differentials for neurosurgical cases	Dr. Anoop Verma , St Mary's Hospital, Thodupuzha
0935-0945	Simplifying complicated spine fixation with O-arm guided navigation	Dr Ajay Kumar Ajanvi VPS Lakeshore, Kochi
0945 – 0955	UBE – The future of endoscopic spine surgery	Dr. Akhil Sunil Travancore Medical College, Kollam

0955 - 1015: Discussions

1315 – 1445 LUNCH

COMMON SESSIONS

1500 – 1600: GENERAL BODY

1600-1700 : PLENARY SESSION ON MOVEMENT DISORDERS

1600 – 1630	Apraxia decoded	Dr Syam K Professor of Neurology, SCTIMST, Trivandrum	Dr PradeepKumar V G BMH, Calicut
1630 – 1700	Steering the Cure : Optimising Dystonia Outcomes with Deep Brain Stimulation	Dr Krishna Kumar K Professor of Neurosurgery, SCTIMST, Trivandrum	Dr Gigy Kuruttukulam Rajagiri Hospital, Aluva

1700- 1800 : INAUGURATION

1800 - 1900 : QUIZ FINALS

1930 - 2200 : GALA DINNER AND MUSICAL NIGHT



DAY II: SUNDAY MAR 1

SCIENTIFIC SCHEDULE

VENUE : HALL B (WILDER PENFIELD HALL), BACKWATER RIPPLES, KUMARAKOM, KOTTAYAM

0700 – 0800 PG PAPER PRESENTATION

0800 – 0945 SESSION B5 : VIDEO SESSION

Time	Topic	Speakers
0800 – 0812	Radical excision of paediatric lipomyelomeningocele: Surgical technique and outcomes	Dr. Akhil Mohan, ASTER Medcity, Kochi
0812– 0824	ALA guided glioma resection	Dr. Lemin Mohan, MCC, Thalassery
0824– 0836	GPI: a novel target for DBS in Parkinson’s Disease	Dr. Arjun Chacko, Rajagiri Hospital, Aluva
0836 – 0848	Intralesional total spondylectomy for thoracic vertebral tumours	Dr. Ganesh Divakar, SCTIMST, Trivandrum
0848 – 0900	Cisternostomy	Dr Iype Cherian, Parul Institute of Medical Sciences and Research
0900 – 0912	Endonasal resection of a large skull base chondrosarcoma.	Dr Prakash Nair, SCTIMST, Trivandrum
0912 – 0924	Clipping of giant coiled aneurysm	Dr Girish Menon, S P Medifort, Trivandrum
0924 - 0945: Discussions		

0945 – 1040 SESSION B6 INVITED TALKS

Time	Topic	Speakers
0945 - 1000	Integrating fMRI-DTI and IONM in insular tumours – triangle of safety	Dr. Jagathlal, Rajagiri Hospital, Aluva
1000– 1015	Surgery for brainstem cavernomas	Dr. Parasuraman, AIMS, Kochi
1015 - 1025	Surgical management for pineal region tumours	Dr. Mathew Abraham Lissie Hospital, Ernakulam
1025 – 1040 : Discussions		

COMMON SESSIONS

1045 – 1130	ORATION I PRESIDENTIAL ORATION	Dr James Jose, President KNS, Director, Rivira Institute of Neurology, Former Professor and HOD, Department of Neurology, Government Medical College, Calicut
1130 – 1215	ORATION II DR. SAMBASIVAN MEMORIAL ORATION	Dr. Sankar V H MD,DCH,MNAMS, FIAP, DM (Medical Genetics) Professor, Department of Medical Genetics, SATH, Government Medical College, Trivandrum
1215 – 1300	COMMON SESSION	
1300	VALEDICTORY FUNCTION AND PRIZE DISTRIBUTION, FOLLOWED BY LUNCH	



QUIZ

PRELIMS (FEB 27)

FINALS (FEB 28)

- Registration for conference is mandatory for participation.
- Top 5 residents in preliminary round will team up with top 5 neurosurgery residents to make teams for the final round. Teams will be decided based on lots.

DEBATE FOR RESIDENTS

Mar 1, Sunday

DETAILS WILL BE MADE AVAILABLE SOON

E POSTER AND E PAPER

(Feb 28 to Mar 1, 2026)

- KNS membership is also mandatory. Please visit website www.nsikc.com
- Acceptance of abstract as e-poster or e-paper is subject to evaluation by Academic Committee
- Decision of Academic Committee is final
- Abstracts are to be uploaded using link in the official website www.kayaloram2026.com

ABSTRACT SUBMISSION DEADLINES

Submission of abstract	1/12/25 to 31/01/26
Confirmation of abstract acceptance	By 10/2/26
Last date of submission of final poster/ paper	15/2/26

Please login to www.kayaloram2026.com for abstract registration.

For any workshop queries, contact Dr Rohit Kumar, KIMS Kottayam, +91 94963 21482

For any Neurology related queries, contact Dr Vysakha K V, +91 7338548485

For any Neurosurgery related queries, contact Dr Jijo Joseph , +91 8281372149

REGISTRATION FEE

Category	Topic	Early Bird till 31st January	1st Feb onwards
Neurology Workshop I	Electrophysiology Moving Beyond Basics and Troubleshooting	2000	2500
Neurology Workshop II	Applications of Botulinum Toxin: A Skill Based Workshop	2000	2500
Neurology Workshop I & II	Combined	2500	3500
Neurosurgery Workshop I	Live Neurosurgery	2000	2500
Neurosurgery Workshop II	Endovascular Simulation	2000	2500
Neurosurgery Workshop I & II	Combined	2500	3500
Conference Only- PG		1500	2000
Conference Only -Consultant		3000	3500



Please login to
www.kayaloram2026.com
 Contact for Assistance: 8848322010

KAYALORAM

BRAINWAVES BY THE BACKWATERS 2026

THE ANNUAL CONFERENCE OF KAIRALY NEUROSCIENCES SOCIETY

(NEUROLOGICAL SOCIETY OF INDIA KERALA CHAPTER)

Conference Secretariat

Kayaloram 2026, C/o Dr Ipe V George

Organising Chairman & Senior Consultant Neurosurgeon, Department of Neurosciences,
 Caritas Hospital & Institute of Medical Sciences, Kottayam.

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www.nsic.com

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